

Safe on Social

Deleting an Instagram Account

Cheatsheet

How to delete an Instagram account.

1. Go to your profile page and tap the three lines icon in the top right corner.

2. Tap on 'Settings'.

3. Tap on 'Account' and then 'Delete my account'.

4. Tap on 'Delete my account' and then 'Delete my account'.

5. Tap on 'Delete my account' and then 'Delete my account'.

6. Tap on 'Delete my account'.

7. Tap on 'Delete my account' and then 'Delete my account'.

What you need to do to

1. Go to your profile page and tap the three lines icon in the top right corner.

2. Tap on 'Settings'.

3. Tap on 'Account' and then 'Delete my account'.

4. Tap on 'Delete my account' and then 'Delete my account'.

Option A

1. Tap on the profile icon in the top right corner.

Option B

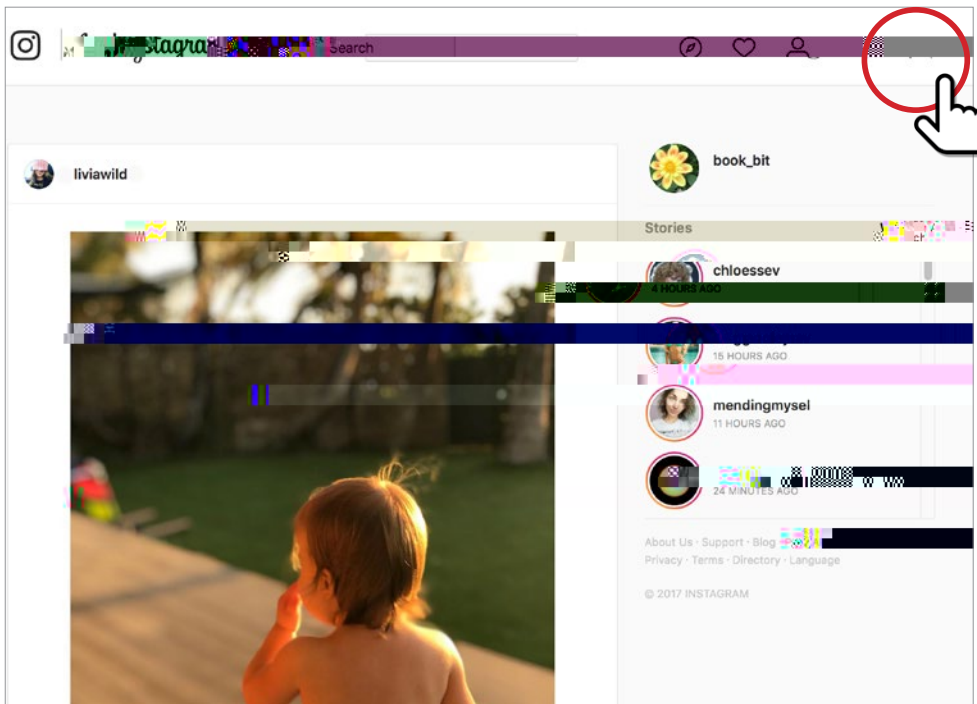
1. Tap on the profile icon in the top right corner.

Option A - How to temporarily disable an Instagram account:

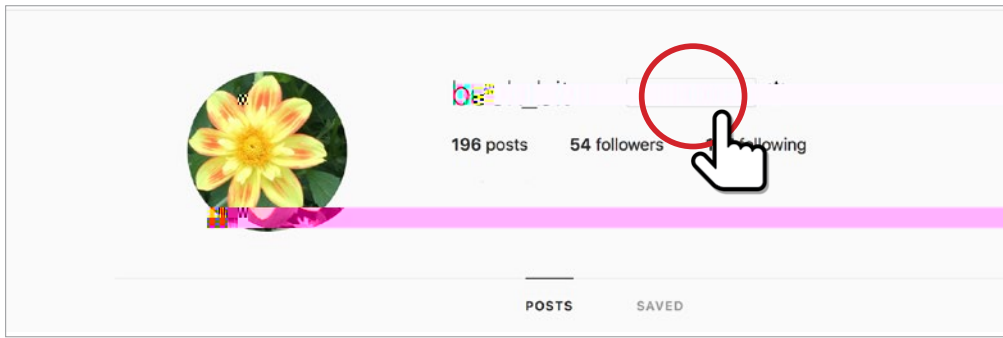
1. Tap on the profile icon in the top right corner.
2. Tap on the menu icon in the top right corner.



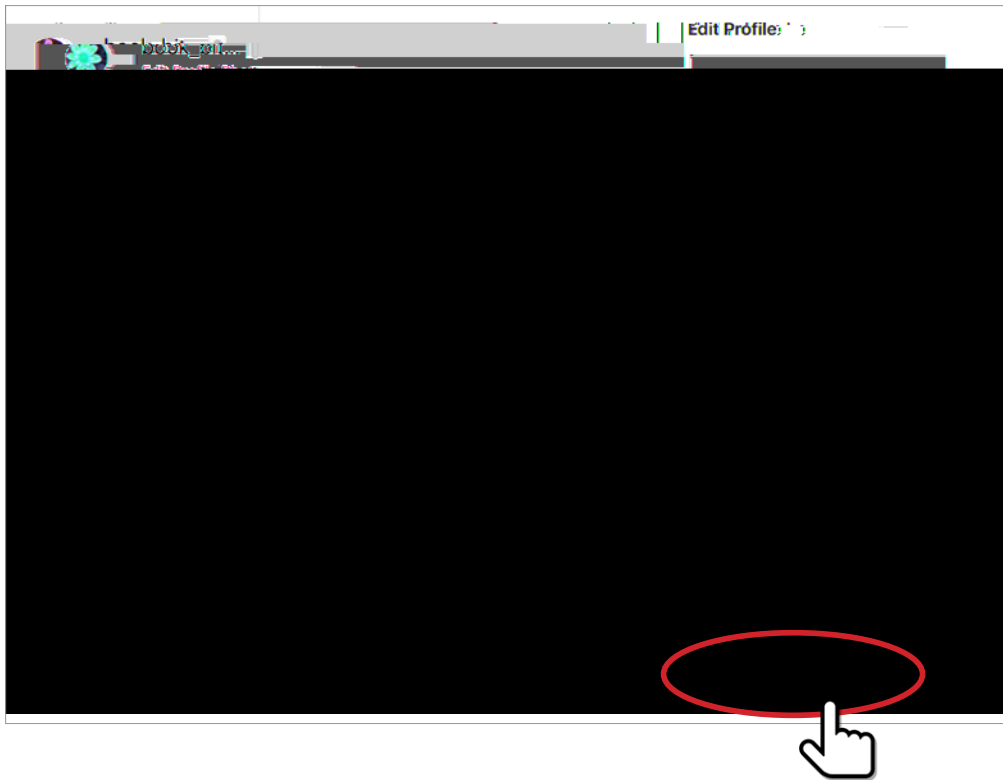
3. Tap on 'Temporarily disable my account'.



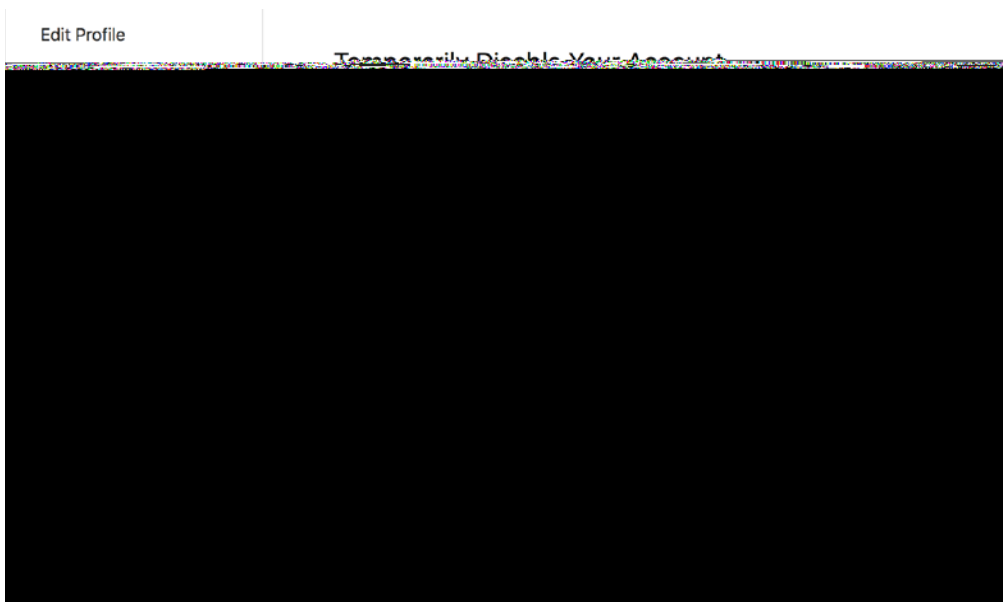
4. ... "Edit Profile".






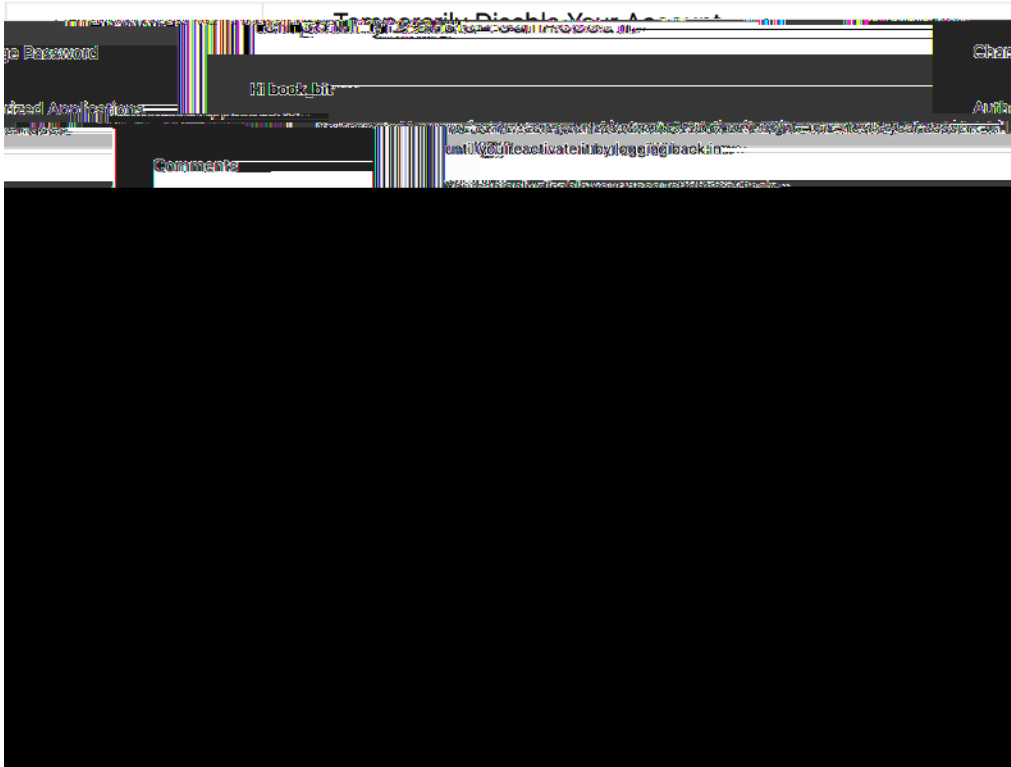
5. ... "Temporarily disable my account".



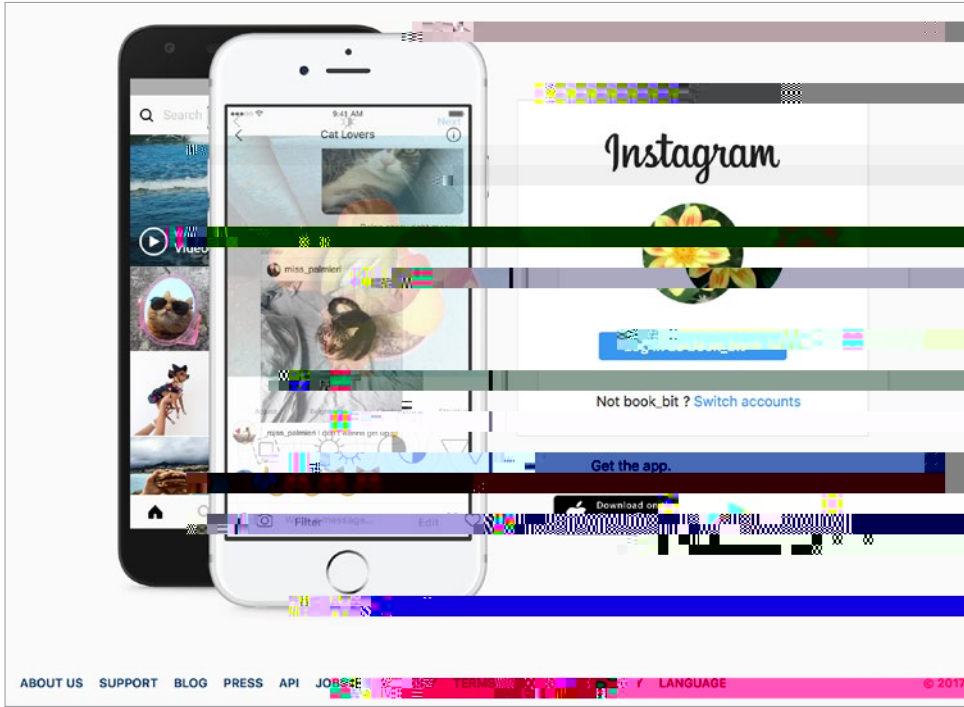
6. ...



7.   



Instagram help page for deleting an account



Option B - How to delete an Instagram account (permanently)

1.

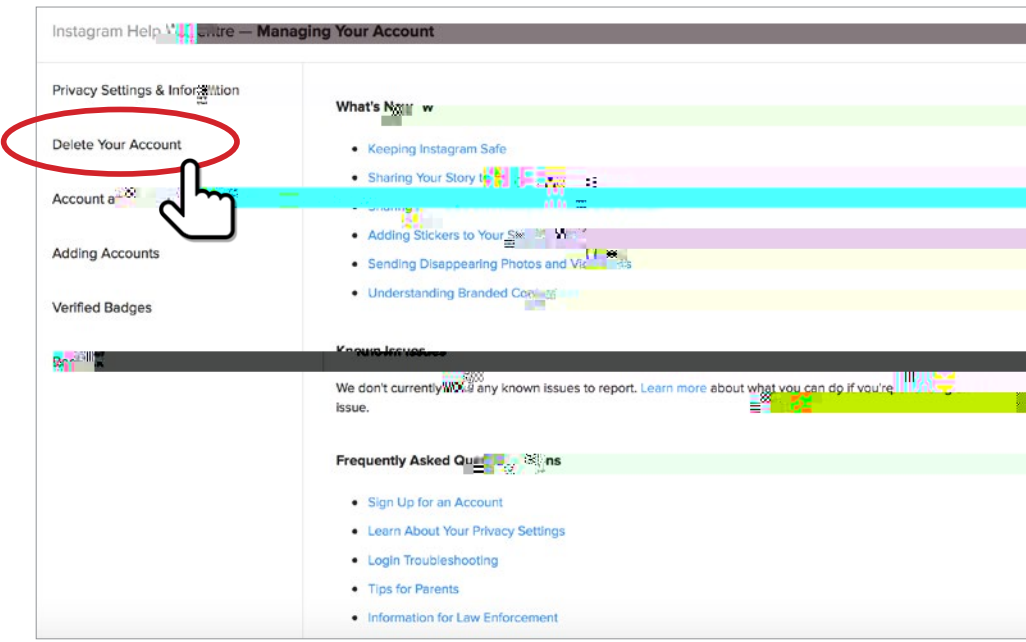
SUPPORT.



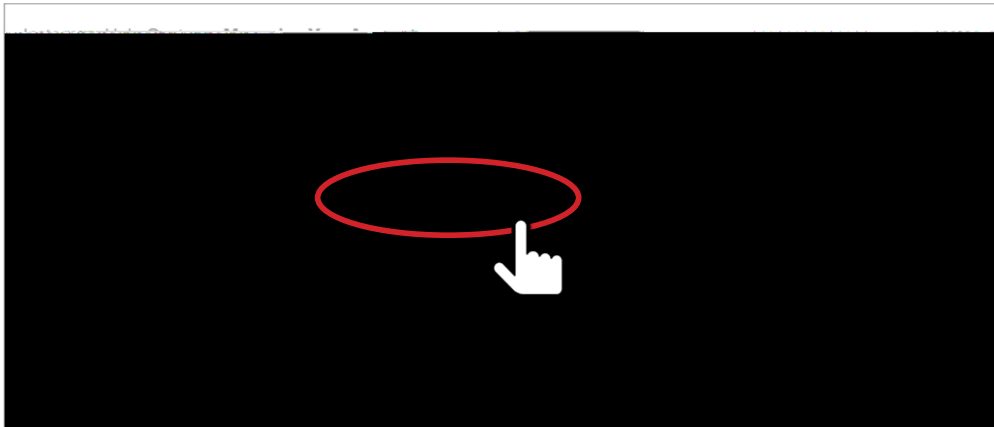
2. [Manage Your Account.](#)



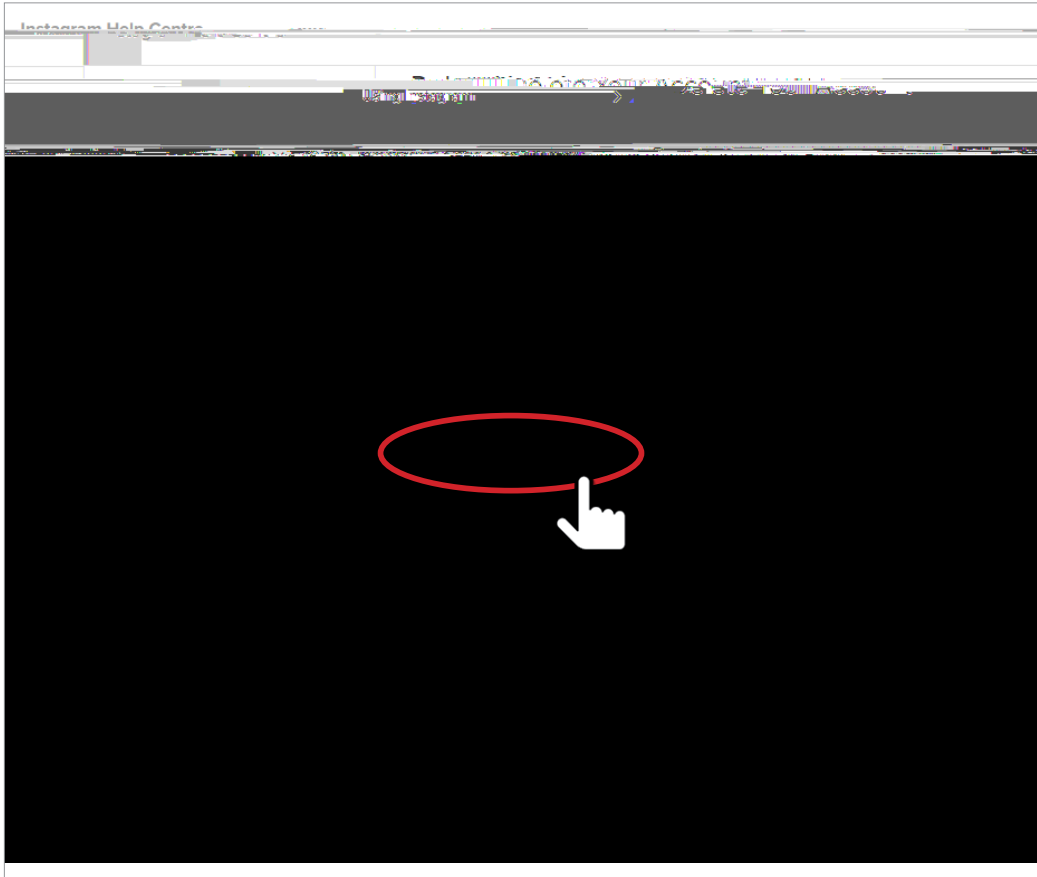
3. [Delete Your Account.](#)



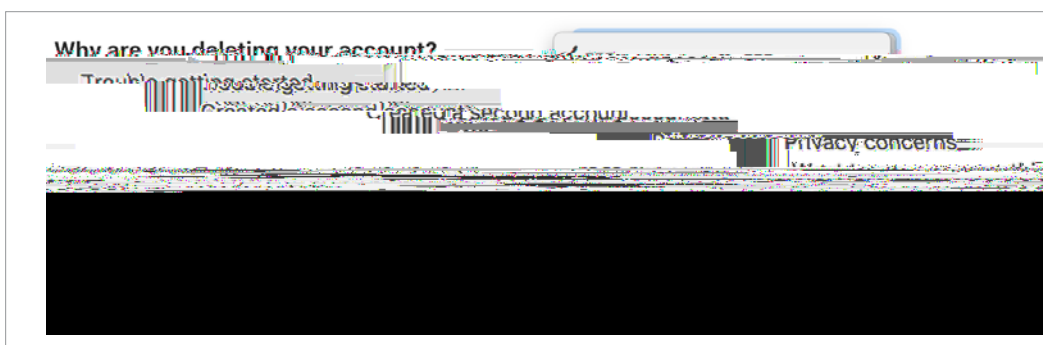
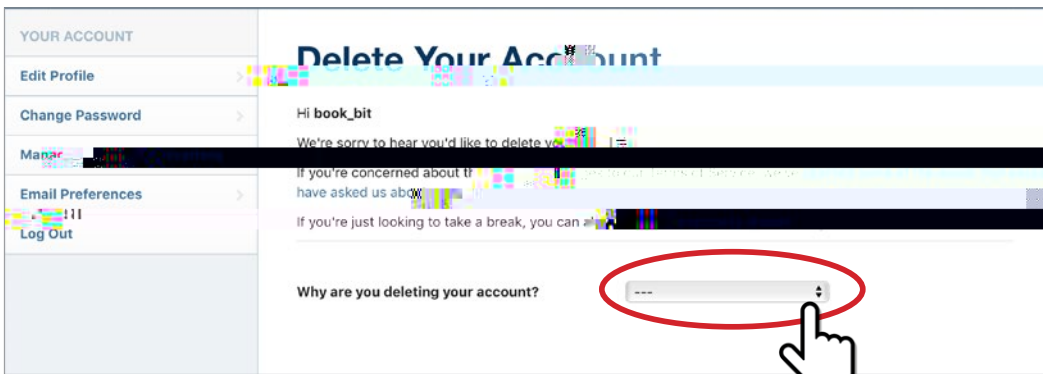
4. [How do I delete my account.](#)



5. *Handwritten text describing step 5* the Delete Your Account page.

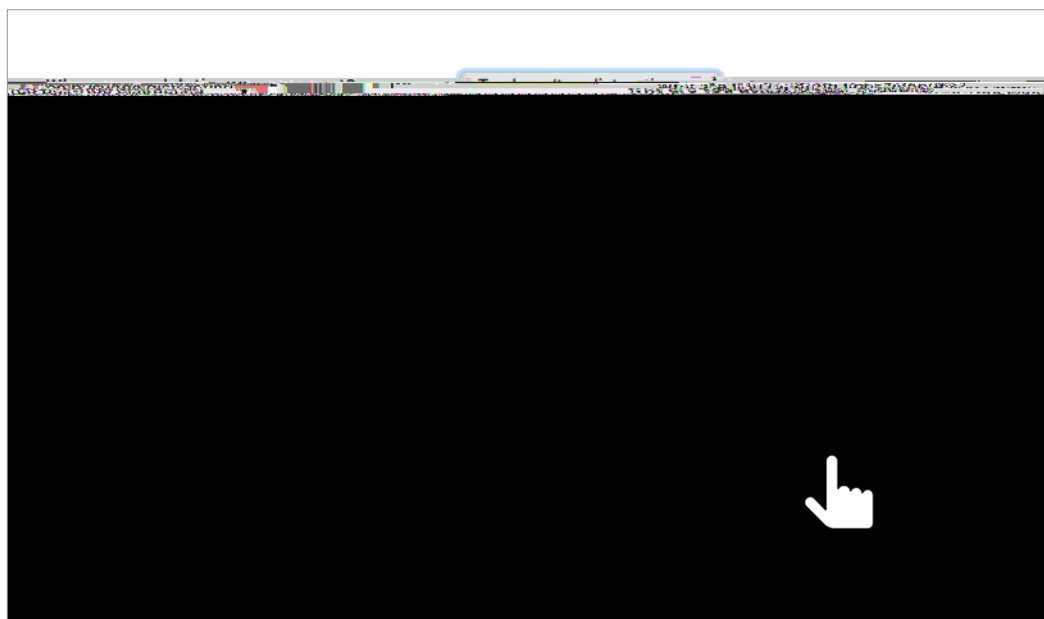


6. *Handwritten text describing step 6*



7. ...

... "Permanently delete my account".



...

10. ...

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